

Resilient Hearts:

Group therapy for women recovering from cancer



Contact Patricia with questions or to schedule an intake.



Patricia

Patricia is trained in EFT, Psychodrama, hypnosis and loves to work alongside her therapy dogs, Duke & Daisy, when clients need some extra comfort. Patricia has extensive training and experience working with women in cancer recovery and their support systems. Patricia is known for her gentle approach, compassion, and empathy.

Contact Information:
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Clinical Therapist
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RESILIENT HEARTS - A WOMAN'S THERAPY GROUP

Group therapy for women recovering from cancer.



This group is designed for women who are in recovery from cancer and have an established support system, but want to continue their therapeutic journey in a safe, empowering environment.

Together, we'll create a space for meaningful connection, emotional growth, and mutual understanding. Guided by a professional therapist, the group offers a unique opportunity to share experiences, explore emotions, and support one another through the ongoing challenges and triumphs of life beyond cancer.

Join us in building resilience, deepening self-awareness, and forming lasting bonds with others who truly understand your journey.



Groups are led by Patricia Hannah, LCSW, SP

Each group session is \$90.

An intake session is required prior to starting group therapy if not already an established client.

Group sessions meet in-person at Psychodrama NJ in Oakhurst, NJ every other Tuesday, 6-8pm.

No Insurance accepted.

We happily accept self-pay and Out-of-Network (OON) benefits. If the thought of insurance makes your head spin, don't worry—just reach out! We can verify your OON coverage and let you know what your benefits cover.

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